

A team of instructors from the Department of Nutrition, consisting of Lect. Dr. Somchoke Kittisakulnam, Asst. Prof. Dr. Wasina Thakhiew, Lect. Dr. Chanchira Phosat and Lect. Dr. Jirayu Lainampetch, cooperated with Assoc. Prof. Dr. Tassanee Silawan (Deputy Dean for Finance and Social Enterprise, Faculty of Public Health, Mahidol University) to set up a practical training course. This course aimed to improve the local economy and society and share knowledge from the university to subdistrict (U2T). It took place at the Centre for Research and Development in Public Health and Environmental Health Work, Sung Noen subdistrict, Sung Noen district, Nakhon Ratchasima province, from the 17th to 18th of June 2021. The participants were divided into two groups and trained in a program which focused on healthy pasteurized vegetable/fruit drinks, with an emphasis on aspects of food safety and nutrition. The drinks included two formulations: a mulberry-mixed fruit drink with high vitamin C and a high-fiber vegetable-mixed fruit drink.

